



Belong Aotearoa

Employment Guide

*Programmes to help you get the job
you're looking for!*

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(Guide last updated 21 Nov 2022)

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1 Pacific Work Connect



- Free service to help eligible Pacific migrants in Auckland become job-ready.
- Involves 10 hours of workshop and one-to-one career coaching, delivered by Pacific career consultants.
- **Eligibility:**
 - Check the website (link below)
- **You'll learn about:**
 - Knowing your skills and talents.
 - Available job opportunities.
 - How to look for a job that matches your skills.
 - How to be confident when talking to employers.

- **For more information:**

Website: www.careers.govt.nz/work-connect/pacific-work-connect/#cID_10010

Email: pacificworkconnect@tec.govt.nz

2 Over-the-phone career advice & career advice 'pop-ups'

- Talk to a career expert over the phone for free, available up until 12 March, 2021. They can help you to:
 - Make a personalised career plan.
 - Gain confidence.
 - Find work or training.
- There are career advice pop-ups in locations across NZ, 19 Oct - 12 March 2021. Visit a local pop-up any weekday to get:
 - Quick advice from a career expert.
 - Resources to help you plan your career and look for a job.
 - More information about the over-the-phone career advice service.

- **For more information:**

Call: 0800 601 301 (to book an over-the-phone career advice appointment)

Website: www.careers.govt.nz/plan-your-career/talk-to-a-career-expert/career-advice/

3 Connected.govt.nz

- A website to help you connect to employment, education and training, focused on finding a job, training or retraining.
 - Make a personalised career plan.
 - Gain confidence.
 - Find work or training.
- You can also call any time Monday to Friday, 8am-5pm (0800 264 737) or drop in to any Connected centre without an appointment.

- **For more information:**

Website: www.connected.govt.nz

Call: 0800 264 737

Visit a Connected centre: www.connected.govt.nz/contact-us/connected-centre-locations/

Tools/advice to help determine the right career for you: www.connected.govt.nz/train-or-retrain/careers-advice/deciding-your-next-steps/

4 Pathways to Employment



- Helps former refugees plan their employment, education, training & career goals & find work. The programme is available in seven regions across NZ.

- **Services include:**

- Helping to plan employment and career goals.
- Assessing skills, including English language skills.
- Referrals to English or vocational training opportunities.
- Assisting with the writing of CVs and cover letters.
- Helping make appointments and get interviews, as well as coaching on interview skills.
- Finding work trials and work experience.

- **For more information:**

Website: <https://www.redcross.org.nz/get-help/help-for-refugees/finding-a-job/> (the brochure on the website is available in eight languages)

Free call: 0800 RED CROSS (733 276)

5 English Language Partners courses

- **Work Talk**

- Intensive 48-hour course over four weeks (12 hours per week).
- Develops your job-seeking skills & English for the Kiwi workplace.
- Learn how to approach employers with a suitable CV, respond to interview questions and develop your professional networking skills.
- Your English level needs to be intermediate and above (confident users of English).

- **English for Employees**

- Free 30 or 45 hour, part-time course.
- Improve your English skills for your job.
- Learn more about Kiwi workplace culture and how to communicate well with customers and staff.
- Focus on work-related literacy and numeracy.
- You must be a resident with a job (full or part-time).

- **For more information:**

Website: <https://www.englishlanguage.org.nz/learn-english-in-new-zealand/learn-english-for-work/>

Email: info@Englishlanguage.org.nz

Phone: 0800 FOR ESOL 04 471 2382

6 Migrant Careers Support Trust



- A non-profit charitable trust that provides support to migrant professionals to help them excel in their careers and settle into workplaces in New Zealand.
- Free training, webinars, counselling and other forms of support are available.

- **For more information:**

Website www.migrantcareers.org.nz/
Email: garry@migrantcareers.org.nz
Phone: 021 2924 519
 09 574 5220

7 Migrant Action Trust



MIGRANT ACTION TRUST
Growing Confident Communities Together

- A non-profit organisation where migrants support migrants to achieve a better life.
- Offers a free Job Support Webinar & Immigration Q&A, covering:
 - CV & cover letter writing.
 - Strategies for finding a job.
 - Immigration advice & Q&A with a licensed Immigration Adviser.

- **For more information:**

Facebook: www.facebook.com/migrantactiontrust/

Email: info@migrantactiontrust.org.nz

Phone: 09 629 3500

8 CNSST Job Seeker Services

- CNSST Foundation offers services to Asian new settlers, in particular those from China, Korea, Japan and Vietnam.
- Their free employment services for job seekers are funded by the NZ government.
- **Services include:**
 - Creation of a personalised CV.
 - Ways to job search.
 - Career advice and guidance
 - Job matching service and interview referral.
 - Interview tips and interview preparation.

- **For more information:**

Website: www.cnsst.org.nz/services/work/

Email: info@cnsst.org.nz

Phone: 09 570 1188

9 The Special Interest Group for Immigrant Engineers (SIGIE)



- SIGIE supports immigrant engineers into professional employment in NZ.
- **Services include:**
 - Training.
 - Professional development.
 - Employment and career counselling.
 - One-to-one interviews.
 - Reviewing CVs.
 - Networking.
- **For more information:**
 - Website: <https://www.sigie.org.nz/services-2>
 - Email: secretary@sigie.org.nz

10 Dress For Success Auckland



- Provide women with the support & tools to gain employment & financial independence. Available in 8 locations across NZ.
- **Services include:**
 - One-on-one consultation including a complete interview outfit, make-up, jewellery, styling, plus job ready tips.
 - Resources, activities & opportunities via the Career Centre Going Places programme.
 - Plus more.
- **For more information:**
 - Website: <https://auckland.dressforsuccess.org/>
 - Email: admin@dfsa.org.nz
 - Phone: 09 377 2762

11 Employment New Zealand

- The leading source of information on employment in New Zealand, part of the Ministry of Business, Innovation and Employment (MBIE). Offers helpful information such as:

Free Employment Learning Modules

Learn about essential employment information, such as:

- Introduction to your employment rights (*complete this module first - available in Samoan, Chinese, Tagalog, Hindi & Korean once you login*)
- Employment Arrangements
- Employment Agreements
- Pay & Wages
- Resolving Problems

Quick guide to employment mediation,

provides an overview of the mediation process and what to expect. Available in seven languages:

[English](#)

[Māori](#)

[Simplified Chinese](#)

[Hindi](#)

[Samoan](#)

[Tagalog](#)

[Tongan](#)

For more information:

Website: www.employment.govt.nz/

Phone: 0800 20 90 20

12 Job search and other useful websites

- www.seek.co.nz
- www.trademe.co.nz/a/jobs?bof=DKYduiY1
- <https://dogoodjobs.co.nz/>
- www.newkiwis.co.nz/job-seeker
- <https://www.hostint.org/newzealand>
- <https://www.belong.org.nz/covid-employment-webinar-series>

13 Volunteering websites

- <https://seekvolunteer.co.nz/>
- <https://volunteeringauckland.org.nz/>
- www.volunteeringnz.org.nz/

If you know of other programmes to support people from migrant and refugee backgrounds into meaningful work, please email info@belong.org.nz